

---

Posted by NickfromWI - 05/07/2007 05:15pm

---

Yes, you can have a loop for both feet. You should be able to make one yourself with about 10-15' of cordage ranging in size from 5-9mm

love  
nick

=====

---

Posted by moss - 05/07/2007 05:53pm

---

Here it is thanks to Tengu (and Elliot Su):

Double foot loop prusik tied with triple crown knot

Once you try it there's no going back to the single footloop!  
-moss

=====

---

Posted by Wildrice - 05/09/2007 08:29pm

---

Tree boy,

where are located?

Since you are starting out, do you have someone that has been TTC for awhile that you could climb with?

=====

---

Posted by Geof\_K - 05/10/2007 12:28am

---

TreeBoy,

If you use a handheld ascender, you can attach your footloops to the ascender and not the downrope (below the blake).

That way you do not have to stop to pull it up.

I started with the foot loop myself, then made a bunch of the double foot loops for my clients. I no longer use the foot loop now - body thrust it up is much faster for me.

Keep climbing!

Geof

=====

---

Posted by pgiersjr - 06/21/2007 12:09pm

---

TreeBoy,

A Spanish Bowline also works well for double loops, and is easier to tie, untie, and fine-tune. There's also something called the Double Alpine Butterfly, which can be tied very quickly, but the loops lay a little too close to one another for my tastes. Here's a neat page on various double loops, how to tie them, and their comparative advantages/disadvantages.

---

Hang on up there!

=====